



PSHE Policy

Version and Date		Author	Committee Responsible	Review frequency	Approval	Next Review Due
1.4	27/02/2025	Mr R Newton	LGB	Annually	Approved by the Executive Leadership Team 01.12.2025	01.12.2026

1. Rationale

All children are entitled to all they need to realise their full potential and for the healthy growth and development of their minds, bodies and emotions. Cloughwood Academy plays a vital role in promoting this growth and development and provides a full range of opportunities for the children during their time with us. Personal, social, health, relationships and economic education promotes pupils' personal social and emotional development, as well as their health and wellbeing.

SMSC promotes the Spiritual, Moral, Social and Cultural development. Together they help equip children with the skills necessary to thrive and compete in a modern day multi-cultural society building knowledge and skills they need to lead confident, healthy and independent lives. They aim to help children understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

2. Aims

At Cloughwood Academy we believe that the personal, social and health development of each child, in conjunction with SMSC development and British values plays a significant role in their ability to learn. We value the importance of PSHE in preparing children for the opportunities, responsibilities and experiences of adult life. In addition, we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding. (See Safeguarding Policy.) At Cloughwood Academy we aim to help the children to:

- Develop confidences and responsibilities and make the most of their abilities.
- Prepare to play an active role as citizens.
- Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
- Develop good relationships and respect the differences between people.
- Understand some basic principles of finances.
- Make a positive contribution to the life of the school and wider community. PSHE and Citizenship.

3. Teaching and Learning Styles:

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in:

- High order questioning skills.
- Agenda setting
- Values clarification
- Debating
- Understanding another point of view.
- Reflection, review and evaluation
- Climate building and group rules.
- Working together
- Information gathering and sharing
- Problem solving
- Working with feeling and imagination
- Circle time

PSHRE will enable children to practice specific skills in structured contexts and in their daily life including:

- Encouraging everybody to take responsibility for their actions through the agreement of class expectations.
- Involving children in the setting of their targets for learning.
- Encouraging children to recognise and respect differences between people.
- The election of a school council in a democratic manner, which actively develops the direction of the school.
- Encouraging children to take responsibility for their behaviour.

There are wider opportunities for personal and social development at school.

These include:

- The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of a good citizen.
- Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
- Planning class visits and trips which widen children's experiences beyond the immediate local environment.
- Coming together as a whole school to celebrate academic and personal achievements including work/ pupil of the week and "Caught being good". Celebrating as a whole school when pupils exhibit British Values.
- Planning events which encourage the school to work together for Example: Enrichment and Inter Form Sports.
- Through the use of cross curricular links, many aspects of PSHE and SMSC are covered in a wide range of lessons.

We seek to promote a healthy lifestyle and self-confidence for our community by:

The provision of a range of enrichment activities: football, music, golf, cookery, swimming, mountain biking, First Aid, rock climbing and running which help foster a healthy lifestyle and encourage children to explore individual talents. We also promote healthy eating choices throughout the school day.

We seek the involvement of the whole school community through:

- Encouraging parents/ carers to attend whole school events.
- Regularly showcasing the achievements of pupils by communicating to parents, carers and wider school community using social media platforms.
- Supporting local and national charity fundraising events including, Children in Need, Comic relief, Local Foodbank projects and Red Nose Day.
- Regularly canvassing the views of parents and carers.

Catering for a range of additional needs:

The study of PSHE / SMSC is planned and differentiated to provide pupils with a suitable range of activities and support appropriate to their abilities and needs. Curriculum planning ensures that all pupils have an equal opportunity to take part in every aspect of the curriculum. Disability and cultural differences are reflected positively in the school.

2. The role of the PSHRE lead:

- To undertake monitoring of standards in PSHE and use this to inform future planning.
- Provide leadership and management of the subject to secure high quality teaching and learning.
- Play a key role in motivating, supporting and modelling good practice for all staff, including the organisation of and presentation of staff meetings (when needed).
- Take a lead in policy development and review.
- To liaise with outside agencies and attend subject specific courses.
- To report to the Headteacher and governing body on PHSE and SMSC related issues.
- To plan and organise the allocation and purchase of resources in accordance with the available budget.

3. Cross curricular links:

Where possible staff are encouraged to make links with other subject areas, this will not only ease the pressures, on a busy curriculum, but also help the children to see that our learning links together to build life skills. At Cloughwood Academy our PSHE curriculum works hand in hand with all aspects of good citizenship and SMSC and supports British Values. This ensures all learners are confident and successful in the following aspects:

Spiritual - Explore beliefs and experience; respect faiths, feelings and values; enjoy learning about oneself, others and the surrounding world; use imagination and creativity.

Moral - Recognise right and wrong; respect the law; understand consequences; investigate moral and ethical issues; offer reasoned views.

Social - Investigate and moral issues; appreciate diverse viewpoints; participate, volunteer and cooperate; resolve conflict; engage with the fundamental values of British democracy.

Cultural - Appreciate cultural influences; appreciate the role of Britain's parliamentary system; participate in cultural opportunities; understand, accept, respect and celebrate diversity.

Fundamental British Values - Democracy, rules of law, individual liberty, mutual respect and tolerance of other faiths.

4. Assessment

The PSHE lead will ensure that the school's assessment and tracking system is used to update each pupils' progress against the PSHE curriculum strands.

The PSHE lead is subject to informal learning walks, formal quality assurance lesson observations and pupil progress meetings.

5. Relationship and Sex Education

- We have separate policy for Relationship and Sex Education.